



Restful Heart in a Restless World

Acts 19:21-41

March 23rd, 2025

3 Principles:

1. Disturbance in our world can cause unrest in our heart (vv.21-27).

When our world is disturbed around us, our hearts can rest in God who is with us.

2. Unrest is confusingly contagious (vv.32-34).
3. Facts help our feelings (vv.35-41).